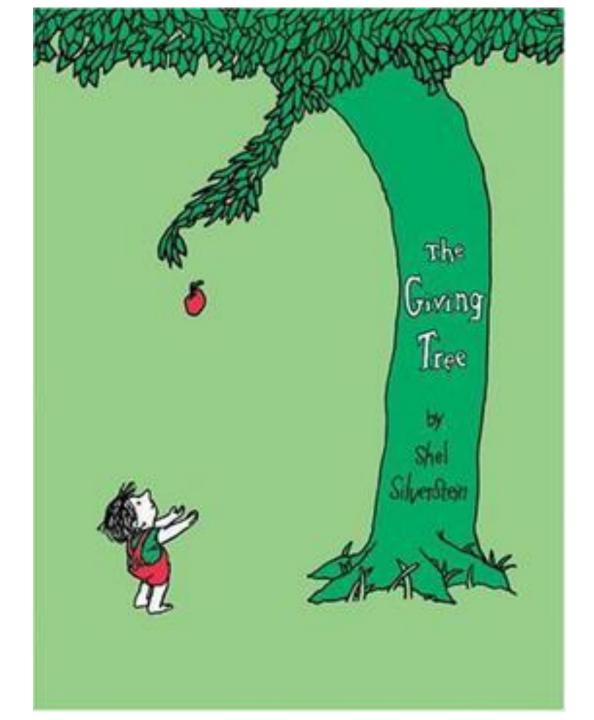
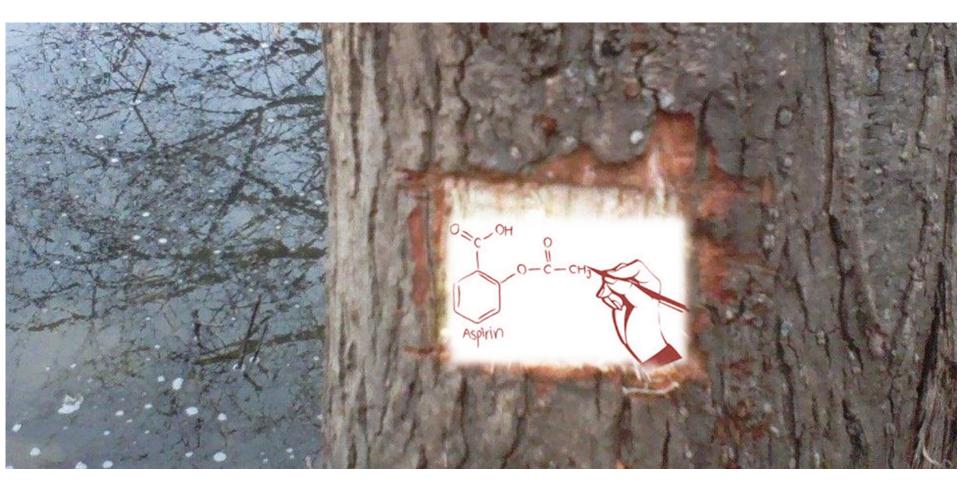
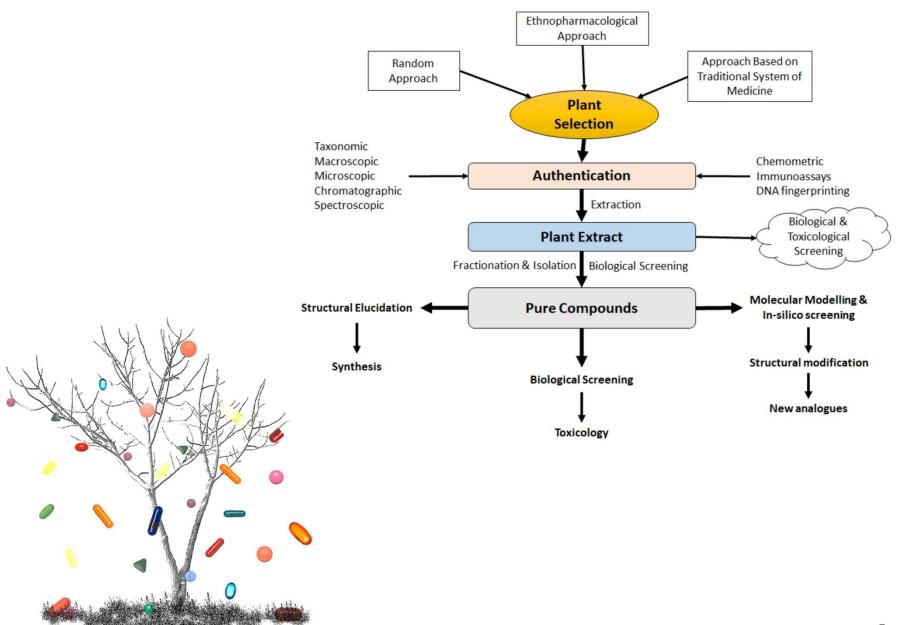
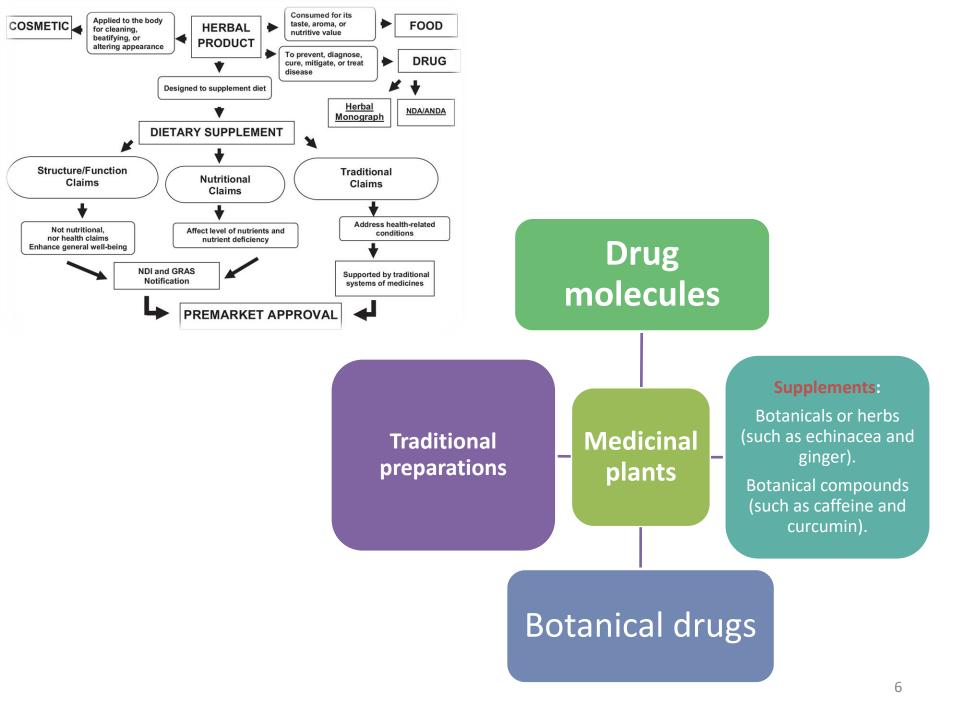
جایگاه مفردات گیاهی پزشکی در درمان بیماری ها











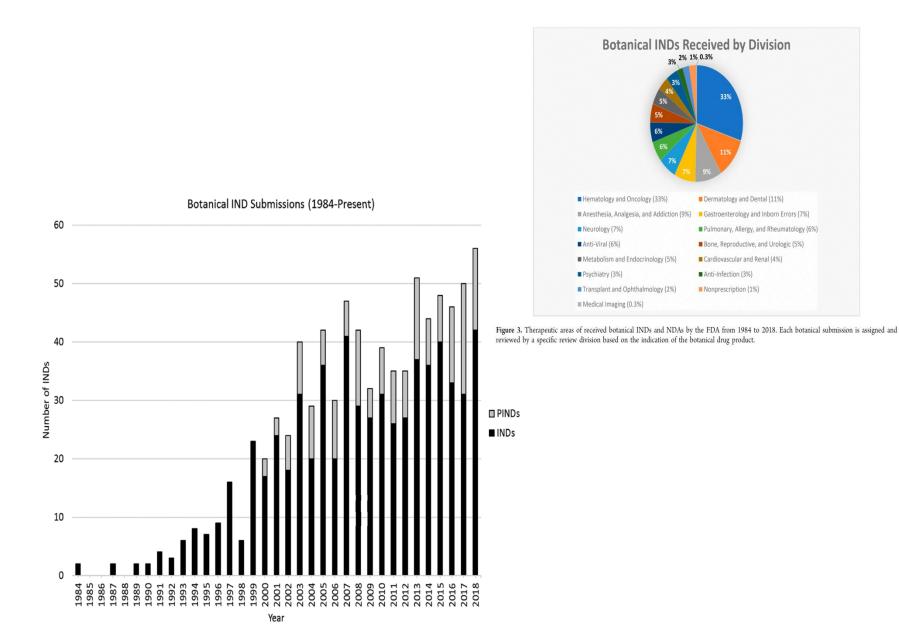


Figure 1. Annual PIND (open bar) and IND (solid bar) submissions reviewed by the Botanical Review Team from 1984 to 2018. More than 800 botanical pre-INDs/INDs have been received and reviewed by the FDA, and two NDAs have been approved by the FDA (Veregen and Mytesi) in 2006 and 2012, respectively.

The first botanical drug approved by the FDA

- Veregen FDA Approval History
- FDA Approved: Yes (First approved October 31, 2006) Brand name: Veregen Generic name: Sinecatechins Dosage form: Ointment Previous Name: Polyphenon E Company: MediGene AG Treatment for: <u>Condylomata acuminata</u>

VEREGEN [®] (sinecatechins)	30 g	purified fra sinensis (L and other (150 mg/g	The drug substance in Vereger [®] is sinecatechins, which is a partial unified fraction of the water extract of green tea leaves of <i>Carnelli</i> microsis (L.) <i>O</i> Kurizz, and is a mixture of catechins, their derivative and other green tea components. Active ingredient: sinecatechin 150 mg/g). Excipients : isopropyl myristale, white petrolatum, cer bla (white wax), progviera gived partimitostarata and oler(alcohol	
Ointment, 15%		and from	Rx Only	
For Topical Use Only				
			Manufactured by: C.P.M. ContractPharma GmbH.	
Store in a refrigerator at 2 to 8°C dispensed to the patient. Patient or up to 25°C (77°F).	(36 to 46°F) u can store refr	intil igerated	Manufactured by: C.P.M. CentractPlanma GmbH. Frühlingstasser, 7. – 53502 freidkinchen-Westerham, Germany VERESEM is angeisnehe tademark of Fougeta Pharmaceuticals Inc. 00 Bayle FM. Mekkile, Iver krök 11747 ©2012-2020 Franzüllerm, Mekkile, NY 11747 All rights reserved. ITSERSE: RR02000	



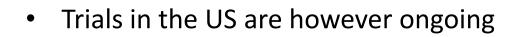
Date	Article
Oct 31, 2006	Approval <u>Polyphenon E</u> <u>MediGene AG - Treatment</u> <u>for Genital and Perianal</u> <u>Warts</u>
Jun 30, 2006	FDA Extends PDUFA Date for Polyphenon E Ointment to October 31, 2006
Dec 1, 2005	MediGene Announces FDA Acceptance of New Drug Application for Polyphenon E Ointment for the Treatment of Genital Warts

A random, linear sequence of (+)-catechin, (+)gallocatechin, (–)-epicatechin, and (–)epigallocatechin units. Polymer chains contain 1 to 28 repeating units and a number average of 5 to 7.5 units R=H or OH NDC 65649-802-02 1990 1993 n=1-28, average n=3 to 5.5 137 1101104 00,00125 OH (crofelemer) where here 510 delayed-release tablets 125 mg Sealow tablet whole. Do not crush or chos. Ki eters sumstanes to eter. ²OH

9

Nabiximols /Sativex

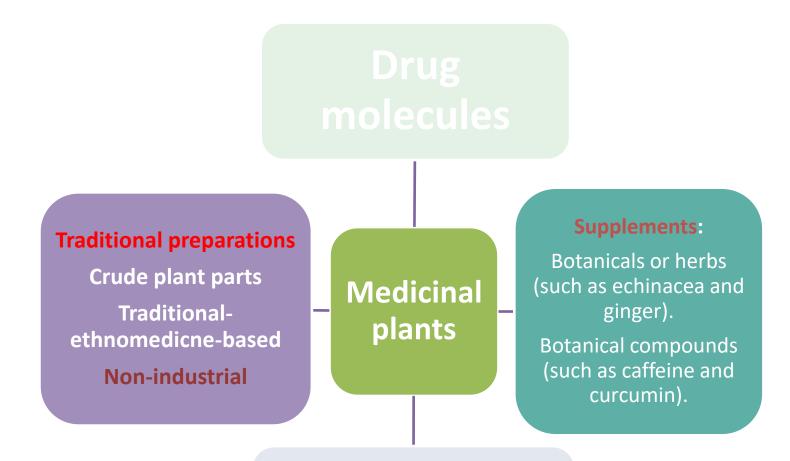
- A whole plant *Cannabis* extract containing an ~1:1 combination of Δ^9 -THC:CBD as well as a lesser but controlled/known percentage of other minor cannabinoid and noncannabinoid components, including fatty acids, terpenoids, flavonoids, and sterols
- Nabiximols is not currently approved for any indications in the US but is approved in over 25 other countries, including Canada, the United Kingdom, France, and Poland for spasticity associated with MS, and cancer associated pain (GWpharm.com).











Botanical drugs

Bringing herbal medicinal products to market within the EU

Companies seeking to bring herbal medicinal products to the market in EU Member States should follow the nation procedures overseen by national competent authorities.

There are three main regulatory pathways for bringing a herbal medicinal product to market in EU Member State

Regulatory pathway	Main requirements on safety and efficacy	Where to apply
Traditional use registration (Article 16a(1) of Directive 2001/83/EC ₫)	 No clinical tests and trials on safety and efficacy are required as long as sufficient safety data and plausible efficacy are demonstrated Involves assessment of mostly bibliographic safety and efficacy data Must have been used for at least 30 years, including at least 15 years within the EU Are intended to be used without the supervision of a medical practitioner and are not administered by injection 	 National competent author of a Member State for national, mutual recogniti and decentralised procedu
Well-established use marketing authorisation (Article 10a of Directive 2001/83/EC 🗗)	 Scientific literature establishing that the active substances of the medicinal products have been in well-established medicinal use within the EU for at least ten years, with recognised efficacy and an acceptable level of safety Involves assessment of mostly bibliographic safety and efficacy data 	 National competent author of a Member State for national, mutual recogniti and decentralised procedu EMA if centralised procedu applies
Stand-alone or mixed application (Article 8(3)	 Safety and efficacy data from the company's own development or a combination of own 	 National competent authors of a Member State for

national, mutual recogniti

studies and bibliographic data

of Directive 2001/83/EC



Hypericum perforatum

Key More than 40 clinical trials

Comparisons with:

Tricyclic antidepressants _____ Equivalent to

Serotonin reuptake inhibitors ----> Standard doses

- More effective than placebo
- For mild to moderate depression

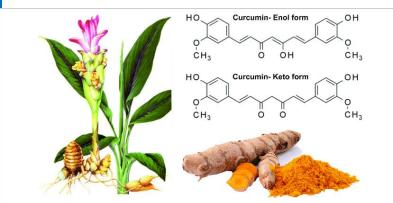




low dose

 A meta-analysis of 15 RCTs involving 1621 participants

- *Curcuma longa* extract and curcumin can:
- Relieve pain and joint stiffness in patients with OA,
- Improve joint function,
- Would not increase the occurrence of adverse events.
- It is recommended to use *Curcuma longa* extract and curcumin supplement for OA patients for more than 12 weeks.





Meta-analysis: 14 randomized trials with a total of 1,506 patients

The results of demonstrate that **ginger** can reduce postoperative nausea



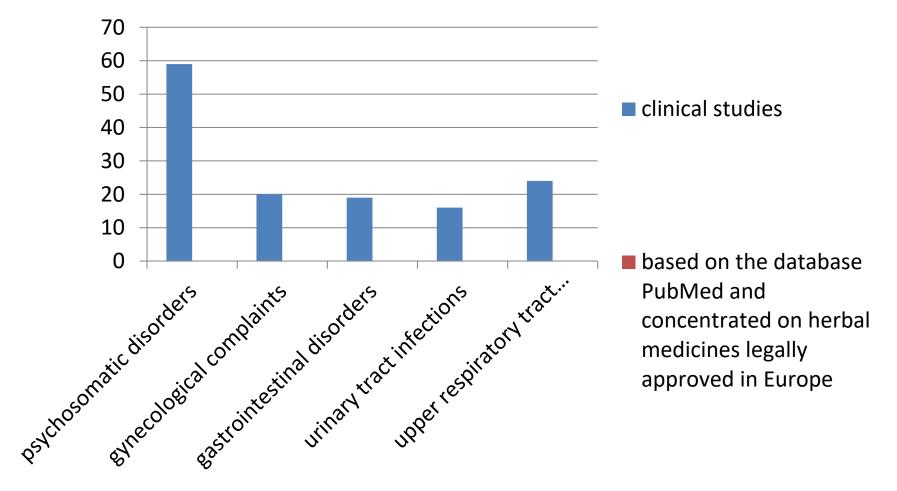
Peppermint oil

• Met-analysis of 11 studies in 684 people: peppermint oil is a safe and effective treatment for global IBS symptoms over the short term.

- Clinical practice guidelines published in 2021 by the American College of Gastroenterology, include peppermint oil as one of several approaches that may be helpful for relieving IBS symptoms.
- Peppermint oil shouldn't be taken by people with a hernia or gastroesophageal reflux disease (GERD), especially at high doses.



Current state of research on the clinical benefits of herbal medicines for non-life-threatening ailments (2023)



- *H. perforatum* L. for depressive disorder,
- V. agnus castus L. for menstrual complaints,
- Cimicifuga racemose (L.) for menopausal symptoms,
- I. amara L., M. chamomilla L., Mentha ×piperita L., C. carvi L., G. glabra L. and M. officinalis L., for functional dyspepsia,
- C. erythraea, Levisticum officinale W.D.J.Koch and Rosmarinus officinalis L. for uncomlicated urinary tract infections,
- *P. sidoides* DC. for bronchitis and sinusitis
- *H. helix* for cough



E-mail: memarianiz@gmail.com